FAU Suicide Prevention Walk - Support Team Who's Your Cody





You are invited to register for FAU's Suicide Prevention Walk and join Who's Your Cody team, in honor of Prof. Jennifer Bloom's grandson.

To join or make a donation, go to <u>www.afsp.org/fau</u>, scroll down to Top Teams and select Who's Your Cody.

All are invited - faculty, staff, students, as well as non-FAU community members. Donations will go to support research and programs at the American Foundation for Suicide Prevention, a non-profit organization dedicated to saving lives and bringing hope to those affected by suicide.

Out of Darkness Community Walk Sun., March 26 Housing Lawn on FAU Boca Raton Campus.

9-10 AM Registration – free breakfast, activities, relaxation station, biofeedback table, Memory Wall, positive notes of affirmation, beads to represent why you walk, and more!

10-11 AM Walk Kicks Off - .8 mile partially-shaded loop on mostly sidewalks around campus. Walking time will be capped at an hour. It takes about 15 minutes to do a loop, so feel free to walk once, twice, three times, whatever you would like, or just hang out at all the neat tables and activities.

11AM-12PM Closing Ceremony - with guest speakers, including Professor Bloom

Breakfast • Music • Activities

Registration and Walk are FREE • **Donations are APPRECIATED!**